

Easter & Spring Activities

1. While on a walk, can you find...



Lambs



Blossom



Bird Song



Ducklings



Buds

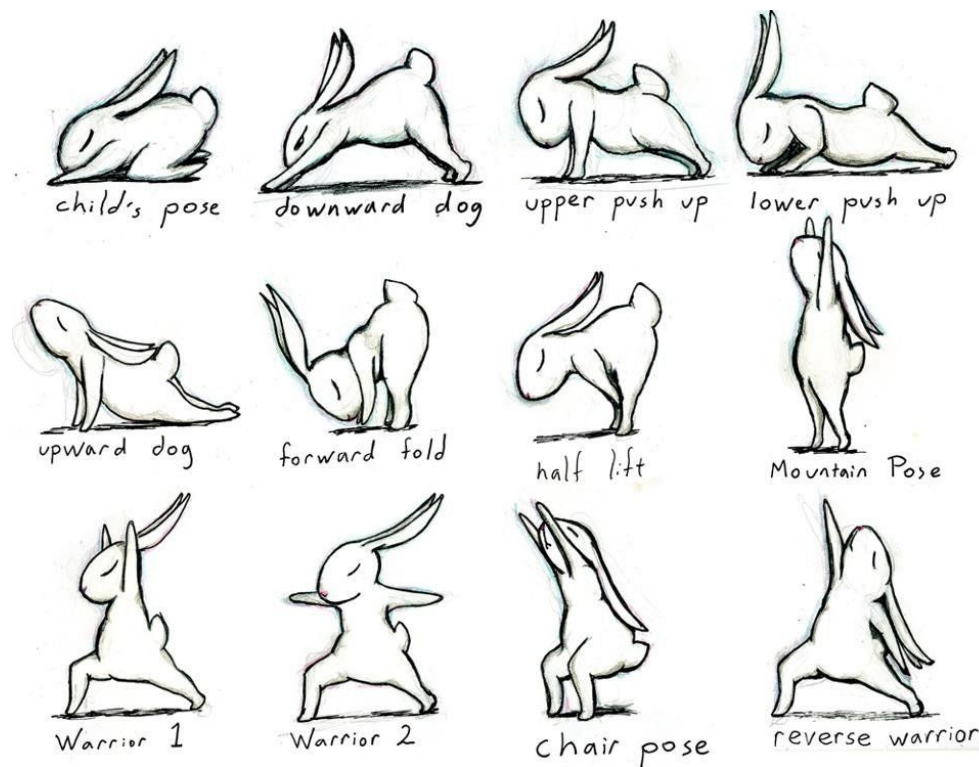
2. Bake Easter Shortbread

180g plain flour
120g butter
1 teaspoon vanilla extract
60g caster sugar



1. Preheat oven to 180C/Gas Mark 4
2. Butter the baking tray or use grease proof paper
3. Sift flour into mixing bowl. Add the softened butter and rub together until it looks like breadcrumbs
4. Add the vanilla extract and sugar, and roll dough into a ball
5. Sprinkle the work top with flour and roll the dough to about 1/2 cm thick
6. Use your Easter themed biscuit cutters to cut out the shortbread
7. Bake for 12-15 mins or until pale golden brown

3. Easter Yoga



Yoga sequence from mindbodygreen.com

4. Did you know?



The traditions of the Easter egg actually dates back to Medieval times, originally coming from Europe and stories of children's games involving boiled eggs!



The Easter bunny originally comes from Germany with written mention of it being found from the 16th century.



500 million Cadbury Creme Eggs are made every year, and about two thirds of them are eaten in the UK.